



## LifeGroup Discussion Guide

### Unseen Sins - Worry

*Remember this page is designed to begin a discussion with your LifeGroup. It is not comprehensive. Allow the following questions to spur on deeper and fuller conversation, study, and discussion.*

Go around and share your greatest fear! How does this fear prey upon your temptation to worry? What would need to happen for this fear to be removed?

We live in a world that is filled with worries. **READ: Luke 10:38-42** - What do you think causes us the most worry, expectations from ourselves or expectations from others? We learned that "*control*" is the core cause of worry. Why do we so resist the idea of lacking control? How does this desire become enflamed by the devil's temptation to "*be like God?*"

**READ: John 17:1-5** - One of the challenges to combat the sin of worry is to change your prayers to a desire to know God better. As Jesus is facing His impending crucifixion how does He utilize prayer shape His aim at knowing the Father?

**READ: Luke 22:39-42.** Why is prayer such an effective defense against worry?

Our passage in **Proverbs 3:5-6** commanded the disciple to give complete trust in God. We explored this command by examining the source of our: security, support, stress, strength, and definition of the word "*straight.*" **READ: Psalm 23** and note all the ways that the Psalmist expands his confidence in the Lord for the complete control of his life?

Security:

Support:

Stress:

Strength:

"Straight":